Doctoral Candidate
Clinical Science in Child and Adolescent Psychology Program
Center for Children and Families
Florida International University
Early Childhood Behavior Lab (ECBL)

11200 S.W. 8th Street, Miami, FL 33199 Phone: (901) 647-0092

> Email: cgillens@fiu.edu Lab website: <u>www.ebcl.fiu.edu</u>

# **EDUCATION**

# Florida International University 2019 – Present Ph.D. in Psychology (Anticipated) M.S. in Psychology (2021) Major: Clinical Science in Child and Adolescent Psychology Dissertation Title: Imitation in Children with Developmental Delay and their Caregivers: Effects of a Parenting Intervention Targeting Behavior Problems Dissertation Proposal Date (Approved): February 2023 Anticipated Defense Date: May 2024 2013-2017

B.A. in Psychology, *magna cum laude* Minor in Spanish

# HONORS AND AWARDS

FIU Travel Award for Society for Research in Child Development Conference	2021, 2023
Center for Biobehavioral Health Travel Award for SPP Conference,	2019
The Research Institute at Nationwide Children's Hospital	
Center for Biobehavioral Health Travel Award for APA Convention,	2018
The Research Institute at Nationwide Children's Hospital	
National Buckeye Scholarship, The Ohio State University	2013-2017
Provost Scholarship, The Ohio State University	2013-2017
Memphis Alumni Scholarship, The Ohio State University	2013-2014
Alumni Scholars Program, The Ohio State University	2013-2014
Dean's List, College of Arts and Sciences at The Ohio State University	2013-2017

# MANUSCRIPTS/PUBLICATIONS

## Peer Reviewed Journal Articles

 Gillenson, C. J., Bagner, D. M., Darcy Mahoney, A., & Baralt, M. (2023). A preliminary study of executive functioning in preterm-born children: A bilingual advantage. *Advances in Neonatal Care*. <u>https://doi.org/10.1097/ANC.000000000001106</u>

## Manuscripts Under Review

- Heflin, B. H., Hayes, T., Gillenson, C. J., Neuman, K. J., Heymann, P., Comer, J. S., & Bagner, D.M. (revise and resubmit). Caregiver distress and behavior problems: The role of treatment, acculturation and enculturation. Under review at *Journal of Clinical Child & Adolescent Psychology*.
- 2. **Gillenson, C. J.,** Valente, M. J., Hagan, M. B., Cafatti Mac-Niven, A., Bagner, D. M. (under review). Impact of a Brief Parenting Intervention on Parent and Infant Imitation. Under review at *Journal of Child and Family Studies*.

#### OTHER PUBLICATIONS

- 1. Print story in FIU News (<u>https://news.fiu.edu/2023/bilingualism-a-benefit-for-premature-children</u>), October 24, 2023
- 2. Hagan, M. B., Gillenson, C. J., & Bagner, D. M. (2020). *ABCT fact sheet: Parenting programs*. Posted on the ABCT website (<u>https://www.abct.org/fact-sheets/parenting-programs/</u>)

# **CONFERENCE/WORKSHOP PRESENTATIONS**

- Gillenson, C., & Thompson, W. (April 2023). Compassion Fatigue Among Pediatric Hematology Oncology Nurses. Talk presented to University of Miami/Jackson Health System, Holtz Children's Hospital Quality Improvement Project.
- Gillenson, C., & Fallah-Sohy, N. (April 2023). Mental Health Tok: What Providers Need to Know about Teen Social Media Use. Talk Presented to University of Miami, Mailman Center for Child Development (UM MCCD) in Case Conference Series.
- Gillenson, C., Valente, M., Hagan, M., Mac-Niven, A. C., Bagner, D. (March 2023). Impact of a Brief Parenting Intervention on Parent and Infant Imitation. Flash Talk Paper Presentation at the Society for Research in Child Development Biennial Meeting, Salt Lake City, UT.
- 4. Heymann, P., Moreira, E., Wilson, M., Heflin, B., Hagan, M., Gillenson, C., Neuman, K., & Bagner, D. (November 2021). Adapting the Infant Behavior Program for remote delivery during the COVID-19 pandemic. Presentation at the Association for Behavioral and Cognitive Therapies (ABCT), Virtual Convention due to Covid-19.
- 5. Heflin, B.H., Gillenson, C., Neuman, K., Heymann, P., Comer, J., & Bagner, D.M. (May 2021). Role of parenting skills on the associations between parental depression and stress symptoms and observed aggressive behavior in children with developmental delay. Poster presented at the Association of Psychological Science (APS), Virtual meeting due to Covid-19.
- 6. Gillenson, C., Comer, J., Bagner, D. (April 2021). Bedtime Resistance in Preschoolers with Delays: Examining Birthweight, Caregiver Tolerance for Misbehavior, and Caregiver Effectiveness. Poster presented at the Society for Research in Child Development Virtual Biennial Meeting
- 7. **Gillenson, C.**, Lutz, R., Richard, D., & Stevens, J. (April 2019). *Self-Reported Dietary Patterns among Pregnant Adolescents*. Poster presented at the Society for Pediatric Psychology Annual Conference, New Orleans, LA.
- Gillenson, C., Mills, A., Rausch, J., & Stevens, J. (August 2018). A meta-analysis of brief versus intensive interventions to increase adolescent vaccinations. Poster presented at the American Psychological Association Annual Convention (APA), San Francisco, CA.
- Hasselle, A.J., Howell, K.H., & Schwartz, L.E, & Gillenson, C.J. (November 2016). Variations in engagement coping based on type of traumatic experience. Poster presented at the International Society for Traumatic Stress Studies, Dallas, TX.

#### GRANTS

Ruth L. Kirschstein Predoctoral Individual National Research Service Award (F31)

Title: Imitation in Children with Developmental Delay and their Caregivers: Effects of a Parenting Intervention Targeting Behavior Problems Role: Principal Investigator National Institute for Child Health and Human Development Not funded

# **RESEARCH EXPERIENCE**

<i>Graduate Research Assistant</i> Early Childhood Behavior Lab Supervisor: Daniel M. Bagner, Ph.D. Department of Psychology & Center for Children and Families, Florida Internation	August 2019 – Present al University – Miami, FL
<i>Full-Time Post-Baccalaureate Research Assistant</i> Healthy Adolescent Transitions (HAT) Study Supervisor: Jack Stevens, Ph.D.	June 2017 – June 2019
Center for Biobehavioral Health, The Research Institute at Nationwide Children's Hospital – Columbus, OH	
<b>Undergraduate Research Assistant</b> Coping with Head Injuries through Problem Solving (CHIPS) Study Supervisor: Kelly McNally, Ph.D., ABPP Center for Biobehavioral Health, The Research Institute at Nationwide Children's F	August 2016 – May 2017 Hospital – Columbus, OH
Undergraduate Research Assistant	June 2016 – August 2016

Resilience Emerging Amidst Childhood Hardships (REACH) lab Supervisor: Kathryn Howell, Ph.D. Department of Psychology, University of Memphis – Memphis, TN

# **CLINICAL EXPERIENCE**

## Psychology Extern

February 2023 – Present

#### University of Miami Health System, Sylvester Comprehensive Cancer Center Jackson Health System, Holtz Children's Hospital, Hematology/Oncology Department Supervisor: Winsome Thompson, Ph.D.

Mailman Center for Child Development & Jackson Health System - Miami, FL

- Provide consultation and liaison services to children, adolescents, young adults, and caregivers coping with adjustment, medication treatment adherence, procedural anxiety, pain management and other psychological/ behavioral concerns (child abuse, trauma history, suicidal ideation) among families of youth and adults in inpatient hematology/oncology department and outpatient cancer center.
  - 0 Consults for children, adolescents, and adults (ages 0 21) and their caregivers.
- Provide weekly outpatient therapy sessions for children, adolescents and adult patients referred to psychology with cancer or blood disorders (e.g., Sickle Cell Anemia, Acute Lymphoblastic Leukemia, Neuroblastoma, DIPG).
- Conduct bone marrow transplant assessments and provide psychosocial reports for interdisciplinary team of physicians, child life specialists, nurses, social workers, nutritionists, and case managers.
- Conduct mental health screening focused on quality of life, perception of health, pain management, and sleep health as related to diagnosis and provided summary report for physicians to develop mental health screening plan for the clinic.
- Collaborate with and educate attending and resident physicians regarding child behavior, development, and psychopathology, as well as provide appropriate recommendations and referrals for children and families.

# **Psychology Extern**

# Pediatric Psychology Clinic - Child Health Emphasis

Supervisor: Alan M. Delamater, Ph.D.

# Mailman Center for Child Development, University of Miami Miller School of Medicine - Miami, FL

- Provide evidence-based individual and family outpatient therapy services for children and adolescents with chronic medical conditions, focused on coping and adjustment to new diagnoses, adherence concerns, healthy lifestyle adjustments, and other psychological, academic and/or behavioral concerns.
  - 0 Sessions for children and adolescents (ages 5 - 18) with a variety of chronic medical conditions (Diabetes, asthma, NMO, disordered eating behaviors, obesity) and comorbid DSM-5 disorders (ADHD, GAD, ODD, MDD, Social Anxiety, Specific learning disorders, Tourette's syndrome, Anorexia Nervosa, and suicidal ideation).
- Conduct intake assessments to formulate case conceptualizations and monitor treatment progress. •
- Conduct suicide assessments during sessions.
- Consult with schools, psychiatrists, and physicians for collaborated care. •
- Provide diagnostic reports and treatment summary reports for families and physicians. •

# **Psychology** Extern

# Pediatric Consultation/Primary Care Clinic

Supervisor: Luiza Mali, Ph.D.

Mailman Center for Child Development, University of Miami Miller School of Medicine - Miami, FL

Provided consultation and liaison services to children, adolescents, and parents, referred by primary • care providers, for problems, such as parenting challenges, difficult behaviors in young children, sleep and eating problems, developmental delays and/or disabilities, ADHD, ASD, anxiety, depression, trauma.

Sessions for children (ages 6-12) and their caregivers. 0

- Consulted with attending pediatricians and residents regarding child development, behavior, • psychopathology, including risk, resilience, and prevention issues.
- Provided brief treatment (i.e., 6+ session interventions) to increase access to mental health services.
- Coordinated and made recommendations about referrals for longer term care.

# **Psychology** Extern

#### August 2022 - February 2023 University of Miami Health System, Endocrinology, Diabetes, and Metabolism Clinic Supervisor: Luiza Mali, Ph.D.

Mailman Center for Child Development, University of Miami Miller School of Medicine - Miami, FL

- Provided consultation and liaison services associated with child, adolescent and caregiver coping and adjustment, medication and treatment adherence, behavior management, transition to adult care, and other psychological concerns among families of youth in an outpatient pediatric diabetes clinic setting.
  - Consults for children and adolescents (ages 6 18) and their caregivers. 0
- Conducted routine mental health screening focused on depression, anxiety, disordered eating, diabetes stress, and overall diabetes management.
- Provided endocrinologists, nurse educators, and nutritionists with case conceptualization, progress, • recommendations and/or referrals.

# Assessor and Clinician

# Early Childhood Behavior Program

Supervisor: Daniel M. Bagner, Ph.D.

Center for Children and Families, Florida International University - Miami, FL

#### August 2022 - Present

November 2022 - July 2023

January 2022 - Present

- Conduct weekly PCIT treatment sessions in-person and via Internet-delivered telehealth for children ages 2-7
- Code parent acquisition of Child-Directed Interaction and Parent-Directed Interaction skills on a session-by-session basis
- Provide training to and supervision of new therapists via a co-therapy model.

#### Assessor and Clinician

## PANTHERS Program, PCIT-Adaptation (CDI Only) for infants

Supervisor: Daniel M. Bagner, Ph.D.

Center for Children and Families, Florida International University - Miami, FL

- Conduct psychosocial assessments for families prior to treatment.
- Provide evidence-based treatment weekly for infants and families in an Internet-delivered Parent-Child Interaction Therapy (PCIT) adaptation, consisting of the child-directed interaction only.
   Sessions provided for children (ages 12 months 20 months) and their caregivers.
- Provide clinical feedback to families regarding their child's overall behavior and development.
- Participate in weekly supervision focused on advanced issues in parenting-based treatments, parenttraining methods, and innovations in tele-health formats for the delivery of care.
- Provide supervision to other graduate students providing treatment via co-therapy, individual supervision, and live coaching methods.

#### Assessor and Clinician

## Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Program

Supervisor: Nicole Schatz, Ph.D.

Center for Children and Families, Florida International University – Miami, FL

- Conducted evidence-based assessments as well as TF-CBT with youth and families who were impacted by trauma (e.g., child abuse, complicated grief) and associated mental health difficulties.
   Sessions provided for children ages 4 17 and their caregivers.
- Attended weekly consultations with Dr. Jeffrey Wherry (i.e., August 2021- January 2022) and Dr. Michael Gomez (i.e., January 2022 September 2022) through a training opportunity sponsored by the National Child Traumatic Stress Network for certification in TF-CBT
- Participated in weekly supervision focused on training in assessment and treatment for children who experienced childhood trauma and comorbid disorders.

#### Clinician

## Free Family Telehealth Program: A Brief Intervention

Supervisors: Jami Furr, Ph.D., Aileen Herrera, M.S., LMHC

Center for Children and Families, Florida International University - Miami, FL

- Delivered a 6-session positive parenting program via telehealth to caregivers of youth (ages 3-8) experiencing socioeconomic hardship, elevated caregiver stress, and/or at-risk behavioral or emotional difficulties. Modules focused on positive parent-child interactions, child behavioral problems, child emotion development, and child anxiety problems.
- Provided community referrals and made recommendations for longer-term care.

#### Assessor and Clinician

#### Mental Health Interventions & Technology (MINT) Clinic

Supervisors: Jonathan Comer, Ph.D., Jami Furr, Ph.D., Aileen Herrera, M.S., LMHC

- Center for Children and Families, Florida International University Miami, FL
  - Conducted semi-structured clinical interviews and ADIS assessments for children with a variety of anxiety and obsessive-compulsive spectrum disorders (e.g., GAD, Social Anxiety, Separation Anxiety, Selective Mutism, OCD, Panic Disorder, PTSD).

May 2021 – Present

August 2021 – March 2023

January 2021 - August 2022

May 2021 – August 2022

- Provided weekly individual and family-based treatment with children, adolescents, and families
  - Sessions conducted for children and adolescents (ages 4 17) with a variety of presenting psychological and behavioral concerns (e.g., ADHD, ASD, GAD, OCD, MDD, Separation Anxiety, Selective Mutism, Social Anxiety, Specific Phobia) using manuals, such as CoolKids, Coping Cat and UP-C/A protocols.
- Led weekly group treatment for children ages 5 -- 10 and for teens ages 13-17 with Selective Mutism (and co-morbid diagnoses).
- Participated in weekly supervision regarding individual and group treatment cases, ADIS case conceptualization, and biweekly Cultural Formulation Interview consultation meetings.

#### Assessor

January 2021 – June 2023

# Psychoeducational Evaluation & Summer Treatment Program

Supervisors: Nicole Schatz, Ph.D., Rachel Shafrir, PsyD, NCSP, & Amy Altszuler, Ph.D. Center for Children and Families, Florida International University – Miami, FL

- Conducted evidence-based, comprehensive psychoeducational evaluations of children and adolescents with a variety of developmental, behavioral, psychological, and learning disorders
  - Assessments included a semi-structured developmental background interview, a structured diagnostic interview (e.g., K-SADS), academic and achievement tests (e.g., WISC-V, WPPSI-IV, WIAT-III, WJ-IV, NEPSY-II, CTOPP, TOWRE), and parent-report, self-report, and teacher-report measures (DBD, Conner's, IRS, CBCL, BASC, ASRS, CDI, RCADS, Vineland)
  - Assessments to determine the eligibility of children (ages 5-12) displaying disruptive behavior problems (e.g., ADHD, ODD) to receive the Summer Treatment Program (STP).
- Scored assessments and wrote integrated assessment reports for children and families.
- Provided diagnostic feedback and recommendations.
- Attended weekly supervision and training for psychoeducational evaluations.

January 2021 – August 2021

# Clinician

## Children & Family Well-being Clinic

Supervisor: Justin Parent, Ph.D.

Center for Children and Families, Florida International University - Miami, FL

- Provided evidence-based treatment (i.e., Comprehensive Behavioral Intervention for Tics) in individual and group treatment for children ages 8-13 with tic disorders (e.g., Tourette's) and comorbidities (ADHD, anxiety).
- Participated in weekly supervision focused on issues in treatment, case conceptualization, and treatment planning.

## Co-Lead Clinician and Assessor

July 2020 – June 2023

Brave Bunch Program for Selective Mutism and Group Treatment for Teens with Selective Mutism Supervisors: Jami M. Furr, Ph.D. & Aileen Herrera, M.S., LMHC

Center for Children and Families, Florida International University – Miami, FL

- Delivered group formats of evidence-based, psychosocial, outpatient treatments to children, adolescents, and families with Selective Mutism
- Group interventions were conducted in an intensive (40 hour) week-long treatment format during the summers, as well as intensive booster sessions and weekly intervention for teenagers throughout the year.
  - Interventions included psychoeducation for families about selective mutism and social anxiety disorders, exposure therapy principles, developing coping strategies, and parent coaching components.

• Provided supervision to other graduate students providing treatment via co-therapy, individual supervision, and live coaching models.

#### Study Therapist

April 2018 – May 2019

#### Therapist and Parent Delivered Reciprocal Imitation Training for Young Children with Autism Spectrum Disorder

Supervisor: Katherine Walton, Ph.D.

Nisonger Center, University Center for Excellence in Developmental Disabilities, Ohio State University Wexner Medical Center – Columbus, OH

• Coached parents in use of Reciprocal Imitation Training skills through play with their child

## Co-therapist

## Social Skills Group for Children with ASD

Supervisors: Karen Tabern, Psy.D., Jessica Evans, LISW

Center for Autism Spectrum Disorders, Nationwide Children's Hospital - Columbus, OH

• Co-led social skills group treatment program for school-aged children with autism spectrum disorders

# ASSESSMENT PROFICIENCIES

#### Diagnostic and Symptom Severity

Anxiety Disorders Interview Schedule (ADIS-C/P) Child and Adolescent Trauma Screen (CATS) Children's Yale-Brown Obsessive-Compulsive Scale (CY-BOCS) Cultural Formulation Interview (CFI) Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS) Selective Mutism Interaction Coding Scheme (SMICS) Trauma Symptom Checklist for Young Children (TSCYC) Trauma Symptom Checklist for Children (TSCC) Yale Global Tic Severity Scale (YGTSS)

## Intellectual

Weschler Abbreviated Scale of Intelligence – Second Edition (WASI-II) Weschler Intelligence Scale for Children (WISC-V) Weschler Preschool and Primary Scale of Intelligence (WPPSI)

#### Achievement

Comprehensive Test of Phonological Processing - Second Edition (CTOPP-2) Test of Word Reading Efficiency - Second Edition (TOWRE-2) Weschler Individual Achievement Test-Third Edition (WIAT-III) Woodcock Johnson IV Tests of Achievement (WJ-IV)

# TREATMENT CERTIFCATIONS & TRAININGS

<u>Certifications</u> Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) National Certification	In progress
Parent-Child Interaction Therapy (PCIT) Certified Therapist	In progress
<u>Trainings</u> Leadership Education in Neurodevelopmental Disabilities (LEND) Program UMiami Mailman Center for Child Development & Miller School of Medicine	Spring 2023

February 2018 – May 2018

Instructor: Christina Pujol, M.S., CCC-SLP

<b>Best Practices When Working with Gender and Orientation Diverse Populations</b> The YES Institute, Inc.	Fall 2022
<b>Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)</b> The National Child Traumatic Stress Network Instructor: Michael Gomez, Ph.D.	Spring 2022
Gender & Orientation Affirming Clinical Care for Youth The YES Institute, Inc.	Spring 2022
<b>Training in Assessment of Trauma in Youth</b> The National Child Traumatic Stress Network Instructor: Jeffrey N. Wherry, Ph.D., ABPP	Fall 2021
<b>DSM-5 Cultural Formulation Interview</b> Florida International University, Mental Health Interventions & Technology (MINT) Instructor: Amanda L. Sanchez, Ph.D.	Fall 2021
<b>Unified Protocol for Children (UP-C), Unified Protocol for Adolescents (UP-A)</b> Florida International University, Mental Health Interventions & Technology (MINT) Instructor: Aileen Herrera, M.S., LMHC	Fall 2021
<b>Cognitive Behavioral Treatment (CBT) for Anxiety Disorders</b> Florida International University, Mental Health Interventions & Technology (MINT) Instructor: Jami M. Furr, Ph.D.	Fall 2021
Anxiety and Related Disorders Interview Schedule (ADIS-IV) Child and Parent Interv Florida International University, Mental Health Interventions & Technology (MINT) Instructors: Jami M. Furr, Ph.D. and Aileen Herrera, M.S, LCSW	riew Fall 2021
<b>Dialectical Behavior Therapy for Adolescents (DBT-A)</b> Florida International University, Mental Health Interventions & Technology (MINT) Instructor: Ashley M. Shaw, Ph.D.	Spring 2021
<b>Racism, Antiracism, and How to be an Ally in the Clinical Encounter</b> Florida International University, Center for Children and Families Instructor: Janet Taylor, M.D.	Spring 2021
<b>Comprehensive Behavioral Intervention for Tics (CBIT)</b> Florida International University, Children & Family Well-being Clinic Instructor: Justin Parent, Ph.D.	Spring 2021
<b>Parent-Child Interaction Therapy (PCIT)</b> Florida International University, Early Childhood Behavior Lab Instructor: Daniel M. Bagner, Ph.D., ABPP	Fall 2020
<b>Selective Mutism</b> Florida International University, Mental Health Interventions & Technology (MINT) Instructors: Jami M. Furr, Ph.D. and Aileen Herrera, M.S, LCS1	Summer 2020

#### Motivational Interviewing (MI)

Florida International University, Center for Children and Families Instructor: Paulo Graziano, Ph.D.

# **TEACHING AND MENTORSHIP**

#### Graduate Teaching Assistant

Psychology Department Instructor: Julia Parker, Ph.D. Florida International University - Miami, FL Served as a teaching assistant for Introduction to Research Methods •

#### **PROFESSIONAL SERVICE & ACTIVITIES**

#### Service to the Field

#### Mentored Ad Hoc Peer Reviewer

Journal of Pediatrics Journal of Clinical Child and Adolescent Psychology Journal of the American Academy of Pediatrics Journal of Abnormal Child Psychology Journal of Consulting and Clinical Psychology Journal of Pediatric Psychology Journal of Child and Family Studies Children's Health Care

#### FIU Clinical Science Departmental Service

Cohort Representative	2020 - 2023
Professional Development Committee - Student Representative	2020 - 2022
Practicum Committee - Student Representative	2021 - 2022

## **PROFESSIONAL MEMBERSHIPS**

American Psychological Association Graduate Student Affiliate

- Society of Child Clinical and Adolescent Psychology (Division 53) •
- Society of Pediatric Psychology (Division 54) •

Society for Research in Child Development Graduate Student Affiliate

## LANGUAGE SKILLS

## Intermediate Receptive and Expressive Proficiency in Spanish

• Examples of use: DPICS coding of Spanish-speaking families in PCIT, coaching bilingual English/Spanish families in PCIT

Spring 2020

August 2019 – August 2020

2019 - Present

#### REFERENCES

#### Daniel M. Bagner, Ph.D., ABPP

Advisor, Professor, Clinical Supervisor, and Research Collaborator, Director of Clinical Training Florida International University Center for Children and Families – Miami, FL dbagner@fiu.edu

#### Jonathan S. Comer, Ph.D.

*Clinical Supervisor, Professor, Research Collaborator* Florida International University Center for Children and Families – Miami, FL jocomer@fiu.edu

#### Alan M. Delamater, Ph.D., ABPP

*Clinical Supervisor, Research Collaborator* Mailman Center for Child Development Department of Pediatrics University of Miami Miller School of Medicine adelamater@med.miami.edu

#### Luiza Mali, Ph.D.

*Clinical Supervisor, Research Collaborator* Mailman Center for Child Development Department of Pediatrics University of Miami Miller School of Medicine <u>lvm852@med.miami.edu</u>

## Winsome Thompson, Ph.D.

Clinical Supervisor Mailman Center for Child Development Department of Pediatrics University of Miami Miller School of Medicine wthompson1@med.miami.edu