

EDUCATION

Ph.D. in Clinical Science

Florida International University – Miami, FL

Anticipated May 2025

Major Professor: Daniel M. Bagner, Ph.D., ABPP

M.S. in Clinical Psychology

Florida International University – Miami, FL

2021

Major Professor: Daniel M. Bagner, Ph.D., ABPP

Title: *Effect of Birthweight on Bedtime Resistance in Preschoolers with or at risk for Developmental Delay: Parenting Behavior as a Moderator*

Bachelor of Arts in Psychology, magna cum laude

The Ohio State University – Columbus, OH

2017

Minor in Spanish

RESEARCH EXPERIENCE

Department of Psychology & Center for Children and Families

August 2019 – Present

Florida International University Early Childhood Behavior Lab

Miami, FL

Graduate Student in the Doctoral Clinical Child Science Program

Primary Supervisor: Daniel M. Bagner, Ph.D.

Center for Biobehavioral Health

June 2017 – June 2019

The Research Institute at Nationwide Children's Hospital

Columbus, OH

Clinical Research Assistant – Full-Time

Primary Supervisor: Jack Stevens, Ph.D.

Center for Biobehavioral Health

August 2016 – May 2017

The Research Institute at Nationwide Children's Hospital

Columbus, OH

Student Research Assistant – Part-Time

Primary Supervisor: Kelly McNally, Ph.D., ABPP

Department of Psychology

June 2016 – August 2016

The University of Memphis

Memphis, TN

Summer Research Assistant

Primary Supervisor: Kathryn Howell, Ph.D.

MANUSCRIPTS/PUBLICATIONS

Manuscript Under Review

1. **Gillenson, C. J.**, Valente, M. J., Hagan, M. B., Cafatti Mac-Niven, A., Bagner, D. M. (2022). Impact of a Brief Parenting Intervention on Parent and Infant Imitation. Under review at *Journal of Child and Family Studies*.
2. **Gillenson, C. J.**, Bagner, D. M., Darcy Mahoney, A., & Baralt, M. (2021). A Preliminary Study of Executive Functioning in Preterm-Born Children: A bilingual advantage. Under review at *Children's Health Care*.

PRESENTATIONS

1. Heymann, P., Moreira, E., Wilson, M., Heflin, B., Hagan, M., **Gillenson, C.**, Neuman, K., & Bagner, D. (November, 2021). Adapting the Infant Behavior Program for remote delivery during the COVID-19 pandemic. Presentation at the Association for Behavioral and Cognitive Therapies (ABCT), Virtual Convention due to Covid-19.
2. Heflin, B.H., **Gillenson, C.**, Neuman, K., Heymann, P., Comer, J., & Bagner, D.M. (May, 2021). Role of parenting skills on the associations between parental depression and stress symptoms and observed aggressive behavior in children with developmental delay. Poster presented at the Association of Psychological Science (APS), Virtual meeting due to Covid-19.
3. **Gillenson, C.**, Comer, J., Bagner, D. (2021, April). Bedtime Resistance in Preschoolers with Delays: Examining Birthweight, Caregiver Tolerance for Misbehavior, and Caregiver Effectiveness. Poster presented at the Society for Research in Child Development Virtual Biennial Meeting
4. **Gillenson, C.**, Lutz, R., Richard, D., & Stevens, J. (2019, April). Self-Reported Dietary Patterns among Pregnant Adolescents. Poster presented at the Society for Pediatric Psychology Annual Conference, New Orleans, LA.
5. **Gillenson, C.**, Mills, A., Rausch, J., & Stevens, J. (2018, August). A meta-analysis of brief versus intensive interventions to increase adolescent vaccinations. Poster presented at the American Psychological Association Annual Convention (APA), San Francisco, CA.*
6. Hasselle, A.J., Howell, K.H., & Schwartz, L.E., & **Gillenson, C.J.** (2016, November). Variations in engagement coping based on type of traumatic experience. Poster presented at the International Society for Traumatic Stress Studies, Dallas, TX.

* Poster also presented at Nationwide Children's Hospital Annual Research Retreat (2018).

CLINICAL EXPERIENCE

Clinician, Mental Health Interventions & Technology
Center for Children and Families, Florida International University

May 2021 – August 2022

Curriculum Vitae
Caroline J. Gillenson, M.S.
CGILLENS@FIU.EDU

Supervisors: Jonathan Comer, Ph.D., Jami Furr, Ph.D., Aileen Herrera, M.S., LMHC
Conduct ADIS assessments for children with a variety of anxiety and obsessive-compulsive spectrum disorders (GAD, Social, Separation, SM, OCD, Panic, PTSD). Subsequently gained experience providing weekly individual treatment using the CoolKids, Coping Cat and UP-C/A protocols for children ranging ages 4 – 17 years with comorbid diagnoses. Additionally, led weekly group treatment for children ages 5 -- 10 and for teens ages 13-17 with Selective Mutism (and comorbid diagnoses). Participated in weekly supervision regarding treatment cases, supervision for group treatment, ADIS case conceptualization review meetings, and biweekly Cultural Formulation Interview consultation meetings.

Assessor and Clinician, PANTHERS Program May 2021 – Present
Center for Children and Families, Florida International University

Supervisor: Daniel M. Bagner, Ph.D.

Provide evidence-based treatment for externalizing behavior problems in infants. Treatment includes weekly sessions via tele-health for infants ages 12 to 18-months-old. Additionally, provide clinical feedback to families regarding their child's overall behavior and development. Participate in weekly supervision focused on advanced issues in parenting-based treatments, parent-training methods, and innovations in tele-health formats for the delivery of care.

Assessor and Clinician, Trauma-Focused Cognitive Behavioral Therapy August 2021- Present
Center for Children and Families, Florida International University

Supervisor: Nicole Schatz, Ph.D.

Conduct evaluations and provide evidence-based treatment for children ages 3 to 17 who have experienced a traumatic event. Participate in weekly supervision focused on training in assessment and treatment for children who have experienced childhood trauma and comorbid disorders.

Assessor, Psychoed Evaluation & Summer Treatment Program January 2021–Present
Center for Children and Families, Florida International University

Supervisors: Amy, Ph.D., Nicole Schatz, Ph.D.

Conduct assessments for full psychoeducational evaluations and to determine the eligibility of children (ages 5-12) displaying disruptive behavior problems (e.g., ADHD, ODD) to receive the Summer Treatment Program (STP). Assessments included a semi-structured developmental background interview, a structured diagnostic interview (K-SADS), as well as administering the WISC-V, WPPSI-IV, WIAT-III, WJ-IV. Scored assessments and wrote integrated assessment reports. Attended weekly supervision and training for psychoeducational evaluations.

Clinician, Children & Family Well-being Clinic January 2021-May 2021
Center for Children and Families, Florida International University

Supervisor: Justin Parent, Ph.D.

Provide evidence-based treatment for children ages 8-13 with tic disorders and comorbidities (ADHD, anxiety). Treatment was fifteen-week, comprehensive behavioral intervention for tics with cognitive-behavioral coping strategies. Weekly sessions promoted children's awareness of tics, ability to control tics, social-emotional and self-regulatory functioning through the use of coping strategies, awareness training, and habit reversal training. Participated in weekly supervision focused on issues in treatment, case conceptualization, and treatment planning.

Curriculum Vitae
Caroline J. Gillenson, M.S.
CGILLENS@FIU.EDU

Clinician, Brave Bunch Program for Selective Mutism. July 2020, 2021, 2022
Center for Children and Families, Florida International University
Supervisor: Jami M. Furr, Ph.D.
Provided evidence-based treatment for children with selective mutism; Conducted group programs with children ages 3-12 who were diagnosed with selective mutism. Treatment includes lead-in sessions via tele-health and in-person with family prior to intensive week-long treatment. Participated in weekly supervision focused on treatment of selective mutism.

OTHER CLINICALLY RELEVANT EXPERIENCE

Study Therapist, Nisonger Center- University Center for Excellence April 2018 – May 2019
in Developmental Disabilities
Ohio State University Wexner Medical Center
Columbus, OH
Clinical Supervisor: Katherine Walton, Ph.D.

Co-therapist, Center for Autism Spectrum Disorders February 2018 – May 2018
Nationwide Children’s Hospital
Columbus, OH
Supervisors: Karen Tabern, Psy.D., Jessica Evans, LISW

TEACHING AND MENTORSHIP

Graduate Teaching Assistant, Florida International University August 2019 – August 2020
Undergraduate Course: Research Methods
Instructor: Julia Parker, Ph.D.

HONORS AND AWARDS

FIU Travel Award for Society for Research in Child Development Conference	2021
Center for Biobehavioral Health Travel Award for SPP Conference, The Research Institute at Nationwide Children’s Hospital	2019
Center for Biobehavioral Health Travel Award for APA Convention, The Research Institute at Nationwide Children’s Hospital	2018
National Buckeye Scholarship, The Ohio State University	2013-2017
Provost Scholarship, The Ohio State University	2013-2017
Memphis Alumni Scholarship, The Ohio State University	2013-2014
Alumni Scholars Program, The Ohio State University	2013-2014
Dean’s List, College of Arts and Sciences at The Ohio State University	2013-2017

PROFESSIONAL MEMBERSHIPS & ACTIVITIES

Mentored Ad Hoc Peer Reviewer
Journal of Pediatrics
Journal of Clinical Child and Adolescent Psychology
Journal of the American Academy of Pediatrics
Journal of Abnormal Child Psychology
Journal of Consulting and Clinical Psychology

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Professional Affiliations

American Psychological Association:
Society of Child Clinical and Adolescent Psychology (Division 53)
Society of Pediatric Psychology (Division 54)

ASSESSMENT TRAINING

Anxiety Disorders Interview Schedule (ADIS-C/P)
Child and Adolescent Trauma Screen (CATS)
Cultural Formulation Interview (CFI)
The Kiddie Schedule for Affective Disorders and Schizophrenia (K-SADS)
Selective Mutism Interaction Coding Scheme (SMICS)
Trauma Symptom Checklist for Young Children (TSCYC)
Trauma Symptom Checklist for Children (TSCC)
Weschler Intelligence Scale for Children (WISC-V)
Weschler Individual Achievement Test-Third Edition (WIAT-III)
Woodcock Johnson IV Tests of Achievement (WJ-IV)

TREATMENT TRAINING

Parent-Child Interaction Therapy (PCIT)
Unified Protocol for Children (UP-C), Unified Protocol for Adolescents (UP-A)
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
Comprehensive Behavioral Intervention for Tics (CBIT)