

ADRIANA C. PINO

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HIGHER EDUCATION

August 2017 - May 2021

University of Miami, Coral Gables, Florida

- Bachelor of Arts in Psychology
 - Minors in Religious Studies and Sociology

RESEARCH EXPERIENCE

January 2018 - June 2021

Child and Adolescent Mood and Anxiety Treatment Program

Research Assistant

- University of Miami, Coral Gables, Florida
- Supervisor: Jill Ehrenreich-May, PhD
- Conducted behavioral distress tolerance task to children and adolescent participants
- Independently administered Wechsler Abbreviated Scale of Intelligence (WASI)
- Audited clinical and identified charts
- Management of identified and sensitive material (i.e., uploading therapy session recordings)
- Phone screened family members of potential participants in English and Spanish to determine participant eligibility
- Communicated with families and clinicians to facilitate participant flow
- Prepared, organized and maintained assessment and clinical treatment materials
- Data entry and management into the Statistical Package for the Social Sciences (SPSS)
- Facilitated data collection by proctoring questionnaires with children and adolescents
- Trained new research assistants in the lab

RESEARCH PROJECTS

June 2020 - November 2020

Co-Parent – COVID-19: Parent Actions in Response to Emotions and Needs for Treatment

Part-time Research Coordinator

- University of Miami, Coral Gables, Florida
- Principal Investigators: Jill Ehrenreich-May, Ph.D. & Amanda Jensen-Doss, Ph.D.

- Coordinated program development and implementation
- Trained to administer the Columbia-Suicide Severity Rating Scale (C-SSRS) for suicide risk assessment
- Spearheaded recruitment efforts and community outreach resulting in close to 100% participant retention rate
- Developed and managed surveys within Research Electronic Data Capture (REDCap)
- Tracked participants throughout all stages including but not limited to screening/intake, consents, and group sessions
- Managed and tracked the distribution of gift cards to parent participants
- Scheduled and facilitated group therapy sessions between multiple clinicians, supervisors, group participants, and families
- Coded live therapy sessions for adherence to the intervention
- Phone screened potential caregiver participants in English and Spanish to determine eligibility
- Facilitated all communications with caregiver participants (i.e., answer phone calls, scheduling and confirming sessions, prepare and forward survey reminders)
- Obtained programmatic feedback from participants on a weekly basis

January 2021 - June 2021

The Coping Options for Parent Empowerment (Project COPE)

Part-time Research Coordinator

- University of Miami, Coral Gables, Florida
- Principal Investigators: Jill Ehrenreich-May, PhD & Jennifer Durocher, PhD
- Coordinated program development and implementation efforts
- Prepared and maintain IRB documents
- Translated intervention documents in the English/Spanish groups
- Spearheaded recruitment efforts and community outreach
- Facilitated data collection
- Phone screen caregiver participants
- Responsible for obtaining informed consent from caregiver participants
- Manage surveys within REDCap

January 2021 - June 2021

Empowering Anxious Parents to Manage Child Avoidance Behaviors (Project EMPOWER) Single-Session intervention SSI

Part-time Research Coordinator

- University of Miami, Coral Gables, Florida
- Principal Investigators: Jill Ehrenreich-May, PhD
- Translated the entire SSI from English to Spanish to increase dissemination efforts and cultural sensitivity
- Completed qualitative interviews with Spanish-speaking participants

August 2019 - June 2021

EMOTIONS Study: A comparison of one session of awareness to one session of psychoeducation in targeting distress tolerance: A randomized controlled trial

Research Assistant

- University of Miami, Coral Gables, Florida
- Principal Investigators: Niza A. Tonarely, M.S.
- Issue compensation to participants and manage petty cash distributions
- Obtain informed consent from undergraduate participants
- Conduct behavioral distress tolerance task
- Code recorded therapy sessions for adherence to the intervention
- Assisted with setup of Ecological Momentary assessment using FileMaker Pro
- Administered quantitative measures to participants

October 2019 - June 2021

U-HEAR: Unified Protocol to Help Emotions and Promote Auditory Relief

Research Assistant

- University of Miami, Coral Gables, Florida
- Principal Investigators: Jill Ehrenreich-May, Ph.D. & Adam Lewin, Ph.D.
- Facilitated evaluations and maintained evaluator blindness to condition
- Assisted in setting up the Qualtrics
- Phone screen participants to assess potential eligibility
- Administrative tasks such as clinical chart management and assessment scheduling
- Researching local audiologists and other providers across the state of Florida for subject recruitment and collaboration
- Facilitated community outreach

PUBLICATION

Ehrenreich-May, J., Halliday, E.R., Karlovich, A.R., Gruen, R.L., **Pino, A.C.**, & Tonarely, N.A. (in press). Brief transdiagnostic intervention for parents with emotional disorder symptoms during the COVID-19 pandemic: A case example

PRESENTATIONS

Pino, A.C., Halliday, E.R., Saez-Clarke, E., Comer, J.O., Evans, A., Malloy, L., Peris, T.A., Pincus, D., Ehrenreich-May, J. (2021). Anxiety, Stress, and Depression in Caregivers of Children with Special Needs During the COVID-19 Pandemic. Poster presented at the virtual conference of the Anxiety and Depression Association of America (ADAA).

DeFalco, A., Karlovich **A.**, **Pino, A.**, Ehrenreich-May, J. (2021). The impact of parental beliefs about anxiety on youth avoidance. Presented at the 2021 Research, Creativity and Innovation Forum (RCIF), Virtual.

WORK EXPERIENCE

May 2019 - August 2019

Advice for Wellness: Integrative Medicine Facility (Dr. Ivette Espinosa-Fernandez)

Secretary/Receptionist

◦ Miami, Florida

- Assisted with scheduling daily patients
- Performed administrative tasks in the office such as paper filing, patient file update and patient appointment follow ups
- Transcribed various reports and progress notes for patients

September 2019 - February 2020

Mindful Kids Miami: Non-Profit Mindfulness Training for Educators

Office Assistant and Volunteer

◦ Miami, Florida

- Assisted with handling of identified material
- Event organizing
- Assisted in training of educators and other child care providers to incorporate mindfulness practices in children's daily activities

October 2020 - February 2021

Sexontology - Ontology & Sexology Center (Pia Battaglia, Certified Ontologist Sexologist and Life Coach)

Office Assistant

◦ Miami, Florida

- Scheduled appointments for patients
- Transcribed key notes
- Processed insurance forms
- Managed email and mail traffic
- Managed and updated patient records
- Oversaw office supply inventory

AWARDS

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- Member of Art of Healing organization (August 2019- Present)
 - Member of Psi Chi the International Honor Society in Psychology (August 2019-Present)
 - Member of the Anxiety and Depression Association of America (December 2019-Present)
 - Provost's Honor Roll & Dean's List (Fall 2020)
 - Theta Alpha Kappa National Honor Society for Religious Studies and Theology (2021)

SKILLS

- Fluent in Spanish
- Statistical Package for the Social Sciences (SPSS): Basic to Moderate
- Microsoft Programs: Advanced
- Research Electronic Data Capture (REDCap): Moderate
- Qualtrics: Basic